

Department of Health Assessment

Hong Kong Sanatorium & Hospital

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Monday to Friday: 8:00 am – 5:00 pm
Saturday: 8:00 am – 1:00 pm
Closed on Sundays and Public Holidays

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Monday to Friday: 9:00 am – 5:00 pm
Saturday: 9:00 am – 1:00 pm
Closed on Sundays and Public Holidays

For enquiries and appointments,
please contact us



Stay Healthy Check Regularly





Health in Your Hands

Regular health checks can bring priceless benefits to your health. A health assessment includes different tests and examinations which can give you an overview of your current health and look into the future by identifying your health risks.

With the advancement of medicine, if caught early, such chronic illnesses as heart diseases, diabetes and many cancers are treatable. Our health assessment teams are dedicated to advising you on health examinations that suit your needs. Examinations are carried out in one place and you will be able to discuss results/concerns with our experienced doctors.

Stay healthy and schedule a visit to HKSH health assessment team!

Health Assessment Schemes

(Applicable to Hong Kong Sanatorium & Hospital and HKSH Eastern Medical Centre)

Health Assessment Package	A	B
Medical History	✓	✓
Physical Examination	✓	✓
Laboratory Investigation		
Complete Blood Count including Platelet	✓	✓
Blood Film	✓	✓
E.S.R.	✓	✓
*Blood Grouping and Rh Typing	✓	✓
*G6PD	✓	
Kidney Function: Urea	✓	✓
Creatinine	✓	✓
eGFR	✓	✓
Electrolytes: Na, K	✓	✓
Calcium	✓	✓
Albumin-Adjusted Calcium	✓	✓
Liver Function: Bilirubin, Total and Direct	✓	✓
AST	✓	✓
ALT	✓	✓
Alkaline Phosphatase	✓	✓
Gamma GT	✓	✓
Hepatitis B Screening: HBs Antigen	✓	✓
HBs Antibody	✓	
Proteins: Total, Albumin, Globulin	✓	
Thyroid Function: FT4	✓	
TSH	✓	✓
Lipid Profile: Cholesterol-Total, HDL and LDL		✓
Triglycerides		✓
Total Cholesterol / HDL-C Ratio		✓
Non-HDL Cholesterol		✓
Diabetic Screening: Fasting Glucose	✓	✓
Haemoglobin A1C	✓	
estimated Average Glucose (eAG)	✓	
Gout Screening: Uric Acid	✓	✓
Serology: Anti-Rubella Virus IgG (Female Only)	✓	
Treponema Pallidum Antibody for Syphilis	✓	✓
Tumour Markers: Alpha-Fetoprotein (AFP)	✓	✓
EBV DNA (NPC Quantitative)	✓	
Prostate Specific Antigen (PSA)	✓	
(Male Only)		
Stool: Routine Examination, Occult Blood	✓	✓
Urine: Routine Examination	✓	✓
Treadmill Exercise Stress Test	✓	
Electrocardiogram		✓
*X-ray Examination: Chest	✓	✓
Ultrasound Examination		
Upper Abdomen: Liver, Pancreas,	✓	✓
Gall Bladders, Kidneys, Spleen		
Lower Abdomen: Reproductive Organs (Female)	✓	✓
Dietitian Consultation (On Reporting Date)		
Time Required (Hour)	5	3
Package Price (HKD)	\$13,760	\$8,830

*Only for first-time participants of the specified Assessment Schemes

*Participants of any Health Assessment Plan can enjoy a special offer (HK\$ 2,430) to upgrade from Chest X-Ray to Low Dose CT Thorax

Well Women Screening Package

(For participants of Health Assessment Package only)

Package Price	Ultrasound of Breasts + Pap Smear	3D Mammogram + Pap Smear	3D Mammogram + Ultrasound of Breasts + Pap Smear
Pap Smear by Doctor	\$3,330	\$3,980	\$5,350
Pap Smear* by Nurse	\$2,610	\$3,320	\$4,700

*Pap smear carried out by a nurse is only available at Hong Kong Sanatorium & Hospital. Prices and packages are subject to change without prior notice.